

**RAYMOND PRIESTLEY CENTRE, CONISTON
Sample of Post Graduate Skills Programme**

	Group 1	Group 2	Group 3	Group 4
Monday Am	0830 – Depart University 1230 – Arrive at Centre, lunch			
Day Pm	1345 – Introduction to programme 1400 – Problem solving activities – team roles 1630 – Review afternoon activities, discuss team objectives for Tuesday 1800 Evening meal			
eve	Pair reflections – programme aspirations			
Tuesday Am	Low ropes/ Crate Tower/ Team High Ropes	Low ropes/ Crate Tower/ Team High Ropes	Canoeing with group work challenges	Canoeing with group work challenges
Pm	Canoeing with group work challenges	Canoeing with group work challenges	Low ropes/ Crate Tower/ Team High Ropes	Low ropes/ Crate Tower/ Team High Ropes
eve	Team presentations, Belbin Input			
Wednesday Am	Providing and receiving feedback a working partnership			
	Team 1 group Task Team 2 observe & provide feedback	Team 2 group Task Team 1 observe & provide feedback	Team 3 group Task Team 4 observe & provide feedback	Team 4 group Task Team 3 observe & provide feedback
	Individual team reflection and review on feedback			
Pm	Orienteer/ Design and construct a raft from materials awarded to your group following the orienteering Review of the afternoons work			
	Briefing and planning for all day activity			
Thursday Am	All day activity, teams will be self-sufficient and complete a journey by land and water to specific locations completing a range of tasks en route			
Pm				
eve	Review of the day's activity and prepare for team presentations			
Friday Am	Group review – team presentations, feedback forms, self evaluation			
Pm	Debrief, pack up, clean centre, depart			