

Sport Scholarship programme Rowing at Birmingham



University of Birmingham Sport (UBSport) Rowing club offers great opportunities for both experienced and development rowers. The club have won medals at each of the last three European University Championships and in recent year have had boats reaching the finals of Henley Royal Regatta.



Famous alumni

Baz Moffat graduated with a first class honours degree in Sport and Exercise Sciences. Baz made her debut in the GB senior women's eight in 2006 and her results included Silver at the World Cup in Linz 2007; 5th at the World Cup in Amsterdam 2007; 4th at Lucerne 2007 and a Bronze medal at the 2007 World Rowing Championships.

Lindsey Maguire graduated with a first in Mathematics and Psychology in 2002, Lindsey took up rowing as part of the GB Rowing Team's Start Programme. Lindsey represented GB in the women's eight at the European Championships in 2007 and 2008, medalling both times. She became a member of the senior women's squad at the start of the 2009 season, with a win at the Banyoles World Cup later that year.

In the 2010 World Cup Series Lindsey raced in the women's eight, winning gold in Bled, silver in Munich and bronze in Lucerne. She has already been selected for the women's eight for London 2012.

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Facilities

UBSport has its own boat house in Worcester with a 6km stretch of water. There's also use of a shared boat house on Edgbaston reservoir in Birmingham. The club have their own ergo room on campus and the British Universities and Colleges Sport (BUCS) squad members have access to a range of sport science and sports medicine support, including fitness testing and monitoring; strength and conditioning and access to a performance gym. All club members have access to free physiotherapy triage sessions and discounted sports medicine treatments.

Competition

The club takes part in British Universities and Colleges Sport (BUCS) head of the river, small boats and regatta competitions which are held annually. The British Indoor championship also incorporates a BUCS category. In addition to university competition the club also participates in local and national competitions including Henley Royal Regatta and have been represented at European University Championships (EUSA) for the past three years.

Results

UBSport rowing had a successful season last year, with good results at both the BUCS head and BUCS Regatta. The club also achieved the clubs highest ever overall position at the Head of the River Race. The 2009–10 season also saw the Men's fours become National Champions, they then continued their success by winning a Silver medal at the European University Rowing Championships (EUSA). Our Senior Men's VIII also achieved their best result to date at the Head of the River. In the regatta season our Men's Intermediate double won a Gold medal at BUCS regatta, whilst many of the other crews also made finals. To add to this, the Senior Women's VIII reached the semi-finals at Women's Henley whilst our Men's fours won at the Marlow Regatta.

Sport scholarships

The University currently fund up to 40 scholarships each year for talented young sports people who have represented their country at International level.

There are different level packages (Gold, Silver, and Bronze) and can be worth between £4,000 and £6,000.

Coaching



Richard Poole joined UBSport in 2011. Richard has won Gold medals at the National Championships, National Schools and represented

Great Britain as a junior. Taking his experience to coaching, he has already coached beginners to win national events and compete internationally within 18 months of starting rowing. e: r.a.n.poole@bham.ac.uk

Scholarship benefits include:

- Free Gym and Swim membership at the Munrow Sports Centre and use of training facilities for additional practice
- Weekly strength and conditioning training sessions with our fully qualified staff, regular functional strength assessment and a personalised strength and conditioning programme
- Sports medicine support including musculoskeletal screening, physiotherapy and massage treatments
- Sports Science support including psychology, nutrition, fitness testing and monitoring
- Mentoring and lifestyle support by a member of University sports staff to help combine sporting and academic demands
- Access to a series of lifestyle workshops and scholar resource library
- Funding of between £750 and £1500 towards competition, training and equipment costs
- Funding available for international competitions and/or specialist coaching

Studying at Birmingham

The University of Birmingham was established in 1900 and has long been one of the premier academic institutes in the UK. As a top three university for sport it is an ideal place to combine sport with a well respected programme of study. For more information on undergraduate courses visit www.birmingham.ac.uk/students

www.sport.bham.ac.uk/scholarships

